

# One Family



**ONE WORLD  
ONE FAMILY**

**Bible Reference:**

**Article 13 – Every child must be free to say what they think and to seek and receive all kinds of information, as long as it is within the law.**

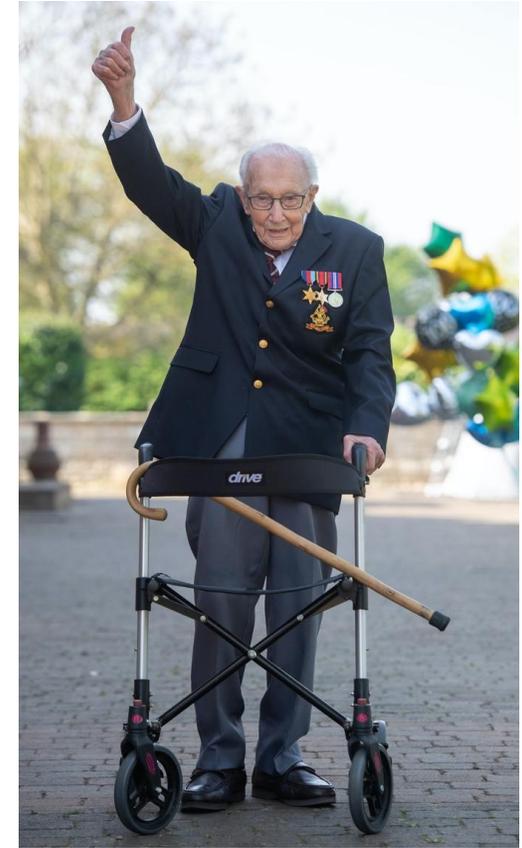
<https://www.youtube.com/watch?v=H9owkOAXa70>

At times things can feel overwhelming, we concentrate on the negative and wonder if we can cope with it all.





Clap for the NHS



Inspirational fundraising

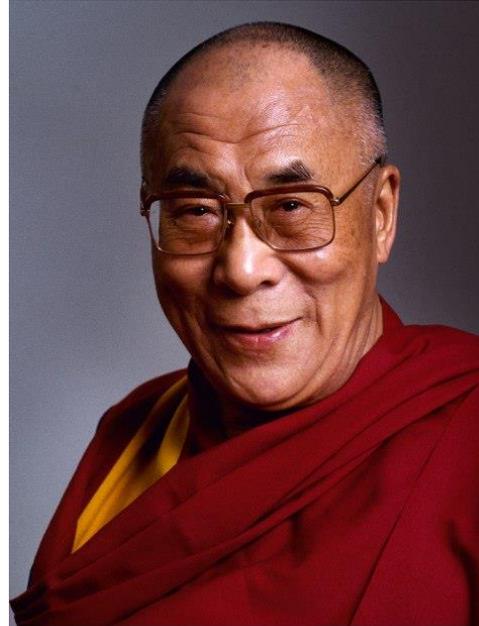
Foodbanks



The Dalai Lama has often been described as the happiest person on earth. He has very few worldly possessions and spends almost all of his time in quiet meditation and prayer.

Happiness is not something ready made , it comes from our own actions

Every day, think as you wake up, today I am fortunate to be alive, I have a precious human life, I am not going to waste it. I am going to use all my energies to develop myself, to expand my heart out to others



HH WOLINEE DALI LAMA, NEW YORK (SEPTEMBER 2003). PHOTOGRAPH CLIVE ARADWISMITH © IMAGE

Smile if you want a smile from another face

When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace

John: 14: 15-18

Before his ascension into heaven, Jesus told his disciples that he would ask the Father to give them another Advocate (someone to help and support them), the Holy Spirit, to be with them forever. He told them that he would not 'be left as orphans', without someone to love them and care for them and guide them.

We see this in a very visual way at Pentecost.



Let us reflect on our central value of One family – we can both gain strength from and give strength to others through our actions

## Let us pray



**This is our school  
Let peace dwell here  
Let the room be full of  
contentment  
Let love abide here  
Love of one another  
Love of mankind  
Love of life itself  
And love of God  
Let us remember  
As many hands build a house  
So many hearts make a  
school.**

While we listen to the song again, let us think about our Best Bit of yesterday and before we go home today let us share some of today's



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